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\$80.00 per Workshop

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LutherCare Village at
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110 - 250 Hunter Road,
Saskatoon

www.leadershipsaskatoon.com



Diving Deeper

Growing in Leadership Workshop Series

Workshop #3

The Resilient Leader

Tuesday, November 27, 2018

1:00 PM—4:30 PM

Presenter: Shannon Floer, MSc

When the going gets tough, a leader needs resilience. In this workshop, we will go beyond superficial self-care rewards and focus on incorporating strategies that build your resilience over time, and increase your ability to bounce back from the challenges of being a leader in the 21st century. Learn how you can respond to failure, improve your capacity to lead through difficult and stressful workplace situations, and the skills to be seen as an effective and resilient leader.

Learning outcomes

- Increase your awareness of personal resilience and how it applies to you as a leader
- Explore resilience skills that can be practiced and improved over time
- Determine what situations require leaders to draw most on their resilience skills
- Lead your team confidently through disruptions and the “bad times”

